



Dear Parents,

I am providing several preschool activities/ideas to be completed on snow days from school for children who are receiving early childhood special education services from me. The included activities are designed to support your child's continued development across the developmental domains. If you need additional activities or ideas please contact me via email @ mlorang@cedarmt.org

These activities are designed to provide interaction opportunities between you and your child. **Please try to complete activities under each developmental domain.** Please mark the activities you and your child completed and sign the bottom of the sheet and return with your child when school is back in session. Children are always so excited to bring papers back to me at school.

I have listed several fun activities that encourage cognitive, communication, motor, adaptive and social skills. These activities are designed to be flexible ideas for your child to practice the skills they are learning during their days at home.

Thank you,

Molly Lorang, Early Childhood Special Education Teacher

Cedar Mountain Schools

mlorang@cedarmt.org

320-905-3009

PRESCHOOL ACTIVITIES

Continue Our Learning Day (COLD Cards)

**If you have questions or concerns, please contact Molly Lorang @ mlorang@cedarmt.org

Cognitive	Adaptive	Communication	Social-Emotional	Motor
Read a story and point and name various vocabulary items in the book	Independently clean-up, or pick up their toys.	Name 3 animal that live where it is cold, where it is hot... etc	Make faces and guess if it is a happy, sad, excited, mad, etc face... take turns making the face	Play hide and seek in the house
Sing the ABC's and count as high as you can repeat... count backwards...	Practice zipping up their coat and getting outside clothes on independently. Try to see how quickly your child can get clothes on.	Name three winter clothing item.	Talk about what makes mommy happy, what make daddy happy what make you happy etc.	Play music and dance around the house. A favorite one at preschool is: Action Songs https://www.youtube.com/watch?v=dUXk8Nc5qQ8&vl=en
Go on a color hunt in your house. (look and find the color blue in each room or bring items from around the house to mom or dad that are a certain color).	Sort everyday items (colored socks, laundry, silverware, shoes, etc.)	Play games such as simon says and I spy.	Play house and care for the baby, give the baby hugs, feed the baby, hold the baby carefully. Say kind words to the baby.	Play outside in the snow or bring snow in the house in a big tub with sand shovels or measuring cups or kitchen spoons.
Find shapes, numbers, letters around the house.	Wash hands independently with soap and water and dry hands with towel.	Play following directions games with a combination of one-step and two-step directions.	Read a story and talk about how people or animals are feeling in the book. (Happy, Mad, Excited, Sad) and why.	Run up and down the stair steps Plie up all the pillows in the house and walk across them.
Play memory games.	Independently get an item as requested (ex. A towel or a kleenex)	Sing preschool songs a favorite is: on youtube "Do you like" https://www.youtube.com/watch?v=f rN3nvhIHUk	Make a special art project or drawing or coloring page and give it to someone special.	Practice writing name with colors, markers, or colored pencils.